

RVE CARE INSTRUCTIONS

You are now owner of a piece of technological innovation that only tolerates a delicate hand. In order to maintain the quality of your RVE product throughout its lifespan it is important to follow these care instructions.

WASHING PROGRAM

In order to maintain the compression level of your RVE product throughout its lifespan **we recommend to wash by hand**. If you do decide to machine-wash then it should be under following conditions:

- Max. 40 Degrees
- Washing time should not be higher than 1 hour
- Pay attention to the spin speed: spin at a lower speed, choose a shorter wash program or a delicate wash program
- Turn the product inside out to prevent damage to the compression tapes
- Use a laundry net to protect the product
- Don't wash with other products that may cause damages (e.g. zippers, snapes, etc...)
- Don't overfill the machine
- **Don't use fabric softener** as this will affect both the compression level of the fabric as the quality of the tapes

DRYING

Hang the pieces to dry in a well ventilated area. Do not tumble dry.

IRONING

Do not iron. Our products don't need it :-).

HOW TO WEAR RVE

RVE redefines the meaning of compression and we mean that literally. Our products were designed to provide you with an unparalleled compression without compromising on comfort. Our products are meant to feel tight and will take some getting used to at first, but no need to worry! Our unique fabric and design guarantee a free range of motion and should not impact your movement.

Scrunch them up from the waist down to the ankle and put one foot in first. Then gradually pull each leg up making sure you don't damage the tapes while doing so (if you have long nails, be careful). Our fabrics are quite stretchy so they should slide right on. There are a couple of references to know if the product is sitting right:

- Tapes at the back should be on your calves and hamstrings
- Tapes at the front should be sitting on your quadriceps and above your knee
- The ripple structure at the back of the legging should be sitting in the knee cavity

Please note that our products were specifically designed for compression wear purposes and that the fabric used is unique in its structure and composition. However, the fabric is **NOT SQUAD PROOF** so we recommend wearing a loose short on top. Unless, you like showing off! Wearing underwear under our products is not required and is completely up to you.